

PROHIBIT-ICH

Prevention Of Hypertensive Injury to the Brain by
Intensive Treatment in IntraCerebral Haemorrhage

**ARE YOU OVER THE AGE OF 30 WITH A
HISTORY OF A **BRAIN HAEMORRHAGE?****

If so you might be eligible to take part in our research study



We are doing a research study to determine whether frequent **home telemetric monitoring** of blood pressure can be used to safely guide medication changes to **intensively lower blood pressure** to reduce damage to small brain blood vessels after spontaneous brain haemorrhage

The main procedures in the trial are as follows:

- Questionnaires at the beginning of the study, at 3 months and 1 year
- Where possible we will obtain an MRI brain scan; a blood sample will also be collected
- You would be assigned to usual care or receive a telemetric blood pressure monitor to measure BP 3 times daily, and accordingly receive adjusted BP treatment to a target of 120mmHg systolic
- A 24-hour blood pressure monitoring at the beginning of the study, 3 months and 1 year

**If you would like more information about taking part in the
PROHIBIT-ICH study, please contact our research team**

Research team contact name:

Research team contact telephone number: