








## Short Information Sheet

V2 04 Jan 2021

	<p><b>What is this study about?</b></p> <ul style="list-style-type: none"> <li>We would like you to take part in a research study to find out if using a home monitoring machine after a brain haemorrhage can improve blood pressure control and overall brain health.</li> </ul>
	<p><b>Soon after your stroke:</b></p> <ul style="list-style-type: none"> <li>We will ask you if you would like to take part.</li> <li>We will then ask you (and maybe a family member) some extra questions about your thinking, mood and memory.</li> <li>We will also collect information from your local hospital records, now and later.</li> <li>You will be asked to have a blood test, blood pressure measurements and where possible, a brain scan.</li> <li>If you belong to a group who needs the blood pressure machine, you will be given this machine to take home with you</li> <li>Your blood pressure will be monitored 3 times a day</li> <li>Your blood pressure results will be sent to the research team and they will let you know if your blood pressure medication needs changing</li> </ul>
	<p><b>A short time after your haemorrhage (3 months):</b></p> <ul style="list-style-type: none"> <li>We will measure your blood pressure and ask you some questions again, with more details.</li> <li>This will occur in the hospital</li> </ul>
	<p><b>Is there anything else?</b></p> <ul style="list-style-type: none"> <li>Blood sample will be stored for future genetic DNA analysis</li> <li>We would like you to fill out some questionnaires</li> <li>All study information will be anonymised.</li> </ul>
	<p><b>Follow up 1 year after your haemorrhage:</b></p> <ul style="list-style-type: none"> <li>We will ask you some questions again, with more details.</li> <li>This will occur in the hospital to see how you are, if you have had any problems, and how well you have recovered.</li> <li>We would like to collect information about you from central NHS records about any new illnesses, hospital admissions, or other health problems.</li> <li>We will measure your blood pressure and where possible, you will have another brain scan</li> </ul>
	<p><b>Risks:</b></p> <ul style="list-style-type: none"> <li>There are no extra treatments involved, so the risk is low.</li> <li>All the questions are designed to stop if you get tired.</li> </ul>
	<p><b>During the study:</b></p> <ul style="list-style-type: none"> <li>If you have any questions, then please ask.</li> <li>You may decide you do not want to take part any more. This will not affect any of your care now or in the future.</li> <li>We would like to know if you are happy to stay in the study if you become unable to make decisions for yourself.</li> <li>A person who knows you well may be able to answer questions for you.</li> <li>The information we hold about you is kept in strictest confidence.</li> </ul>

