DATE

GP NAME

Address

Dear Dr _____

PATIENT NAME
DOB
NHS number?,

has agreed to participate in the above trial.

This is a pilot multi-centre trial looking at whether lowering of blood pressure (BP) by using a telemetric home monitoring device in survivors of intracerebral haemorrhage (ICH) is feasible, safe and effective in reducing the progression of small vessel disease (SVD)-related brain injury assessed on MRI.

Participants are randomised to either:

- Intervention group: home BP monitoring, using Bluetooth telemetry to send readings to a designated monitoring team to allow treatment adjustments to improve BP control to a target of 120/70mmHg.
- or to standard care (Control group).

All patients in the trial will have an MRI brain at baseline and 1 year, and will be followed up in person by the local recruiting centre at three months and one year.

Your patient has been randomised to the **Control** group.

How are you (GP) involved?
Please notify us in the event of hospitalisation (for any reason) or death.

Enclosed is a copy of the information sheet supplied to the patient, an overview of the trial and signed consent form.

Yours sincerely,

_____
PI at site

DATE

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- or to standard care (control group).

All patients in the trial will have an MRI brain at baseline and 1 year, and will be followed up by the local recruiting centre in person at three months and one year.

Your patient has been randomised to the **intervention** group.

How are you involved as their GP?
A designated BP monitoring team will communicate directly with patients and advise you by email/fax on adjusting medication according to latest BHS guidelines, to ensure BP is lowered to the target level in the intervention arm.

Please notify us in the event of hospitalisation (for any reason) or death.

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Yours sincerely,

_____

PI at site