

**NIHR** National Institute for Health Research





Prevention Of Hypertensive Injury to the Brain by Intensive Treatment in IntraCerebral Haemorrhage

# HAVE YOU SEEN A PATIENT WITH SPONTANEOUS INTRACEREBRAL HAEMORRHAGE (ICH)?

# If so they might be eligible to take part in our research study



#### The key inclusion criteria are:

- Over the age of 30
- Blood Pressure: ≥130 mm Hg
- Taking less than 3 BP lowering medications
- presumed to have cerebral small vessel disease (hypertensive arteriopathy or cerebral amyloid angiopathy, or both)

## If you see a patient who might be eligible please

## speak to your research team!

#### Research team contact name:

Research team contact telephone number:



We are doing a research study to determine whether frequent **home telemetric monitoring** of blood pressure can be used to safely guide medication changes to **intensively lower blood pressure** to reduce damage to the cerebral small blood vessels after spontaneous ICH