

Returning 24 Hour Blood Pressure Monitors to The Oxford Blood Pressure Monitoring Team

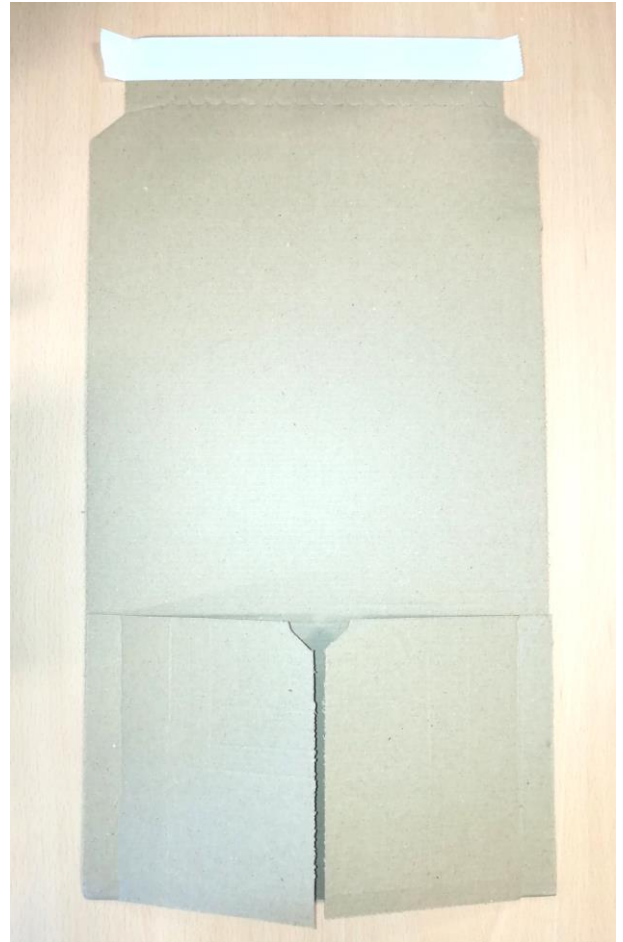
You should have been provided with:

- Patient Detail and Diary form
- Blood pressure monitor (in blue cover)
- Blood pressure cuff
- A flat cardboard parcel (to be assembled)
- A pre-labelled, padded envelope



Step 1

Break along the perforated line in centre of the lower flap.



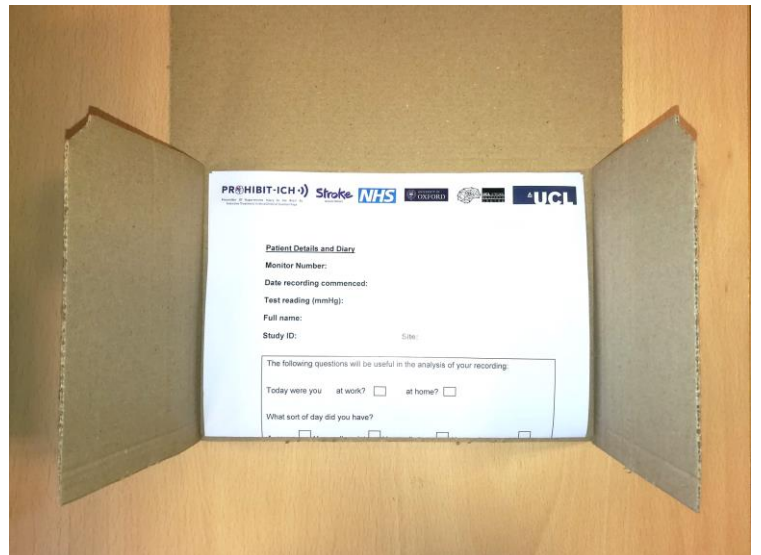
Step 2

Bend the flaps back and crease.



Step 3

Place the completed patient details and diary form in between the flaps.



Step 4

Place the blood pressure cuff in next, to one side.



Step 5

Please remove the monitor from the blue cover and remove the batteries, as these cannot be posted, before placing it back into its blue cover.



Step 6

Place the blood pressure monitor in next with the strap lying across the blood pressure cuff.



Step 7

Fold the side flaps over the blood pressure monitor and cuff.



Step 8

Hold the flaps down, carefully roll the parcel up over itself, and fold the top flap down.



Step 9

Remove the tape, fold over the flap and stick it down.



Step 10

Place the parcel in the provided labelled envelope and post.

Thank you!

