# The 2nd UK PLS Day

**Wednesday, 25th September 2024**

*Research Centre (Thatched Barn) - Christ Church College, Oxford*

A meeting for people living with Primary lateral sclerosis (PLS) and their carers, with the aim of sharing the latest developments in research, treatment and practical support.

<table>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>9:30 – 10:00</td>
<td>Tea &amp; Coffee</td>
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| 10:00 – 10:05 | WELCOME  
Martin Turner                                                      |
| 10:05 – 10:20 | THE OXFORD PLS EXPERIENCE  
David Lester                                                            |
| 10:20 – 10:45 | DIAGNOSING PLS  
Martin Turner                                                          |
| 10:45- 11:15 | MEASURING MOVEMENT FOR TRIALS  
Emma Hodson-Tole                                                        |
| 11:15 – 11:45 | Tea & Coffee                                                            |
| 11:45 – 12:15 | PRACTICAL SUPPORT IN PLS  
Phillippa Sharpe                                                        |
| 12:15 – 13:45 | Lunch                                                                   |
| 13:45 – 14:30 | THE USA PLS REGISTRY AND BEYOND  
Sabrina Paganoni (streamed presentation)                               |
| 14:30 – 15:00 | PSYCHOLOGICAL SUPPORT IN PLS  
Rachel Woolrich                                                         |
| 15:00 - 15:30 | Tea & Coffee                                                            |
| 15:30 – 16:15 | BREAKOUT GROUPS - to discuss top tips and present back to group        |
| 16:15 – 16:45 | Q&A SESSION *(including moderated questions from international delegates, via Facebook live)* |
SPEAKERS

**Martin Turner** is Professor of Clinical Neurology & Neuroscience in the University of Oxford’s Nuffield Department of Clinical Neurosciences, and Consultant Neurologist to the John Radcliffe Hospital, working alongside the MND Clinic team. His research focus is on biomarker discovery to accelerate drug discovery.

**David Lester** is a Neurology Registrar currently undertaking a DPhil in the University of Oxford’s Nuffield Department of Clinical Neurosciences, based at the John Radcliffe Hospital. His research focuses on protein biomarkers and clinical cohort analyses.

**Emma Hodson-Tole** is Professor of Neuromuscular Biomechanics in Manchester Metropolitan University’s Department of Life Sciences. Her research focuses on developing new ways of measuring skeletal muscle health and changes in physical ability, with the aim of improving MND diagnosis and the evaluation of potential new treatments.

**Phillippa Sharpe** is a Specialist Occupational Therapist at the Oxford MND Care and Research Centre, Oxford University Hospitals NHS Foundation Trust. Phillippa has worked in continuing disability management; social services; palliative care and Assistive Technology teams for over 15 years. Her research interests focus on how people adapt and change their activities whilst living with MND.

**Sabrina Paganoni** is an Associate Professor at Harvard Medical School and co-Director of the Neurological Clinical Research Institute at the Massachusetts General Hospital in Boston, USA. Her research focuses on innovation in clinical trials to accelerate the development of new treatments for people living with motor neuron disease.

**Rachel Woolrich** is Principal Clinical Psychologist at the Oxford MND Care & Research Centre. She focuses on the psychological assessment and support of patients and carers attending the MND clinic, and is interested in understanding the psychological needs of patients and carers living with PLS. She also works with another neurological condition called NF2.