



UNIVERSITY OF  
**OXFORD**

# Sleep Medicine

**A two-year online programme**

*Leads to a Postgraduate Diploma or a  
Master of Science in Sleep Medicine  
(Available as CPD modules)*



NUFFIELD DEPARTMENT OF CLINICAL  
NEUROSCIENCES

DEPARTMENT FOR CONTINUING EDUCATION



# UNIVERSITY OF OXFORD

The Online Programme in Sleep Medicine is hosted by the Sleep and Circadian Neuroscience Institute (SCNi), University of Oxford. It draws on expertise here at Oxford and includes contributions from international colleagues.

The course offers two potential qualifications: a Postgraduate Diploma (PgDip) or Master's degree (MSc). This is taught entirely online with the exception of a residential week to be attended once during the study period.

The programme covers the following topics:

- The Physiological Basis of Sleep
- Introduction to Sleep Medicine and Methodological Approaches
- Circadian Rhythm Disruption and Sleep
- Insomnia
- Sleep-disordered Breathing and Sleep-related Movement Disorders
- Hypersomnia and Parasomnias
- Sleep in Specialist Populations
- Sleep and Society

As an Oxford graduate you will obtain a specialist credential to promote your development and practice. This course will also help you prepare for professional sleep society examinations. Modules are being offered for CPD to those wishing to study only one or two aspects of the programme to facilitate professional practice.

This Programme is run by the Sleep and Circadian Neuroscience Institute which is based in the Nuffield Department of Clinical Neurosciences in the Medical Sciences Division.



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SCNi

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